

OREWA SEA SCOUTS - GEAR LIST

CUBS HIKE-CAMP (1-night - sleeping in small tents)

Please NAME EVERYTHING

General Gear

Back Pack - (ideally 30L-40L) – large school bag	1	<input type="checkbox"/>
Warm Sleeping Bag (3 seasons) – Does not need to fit in backpack	1	<input type="checkbox"/>
Foam Roll / Self Inflatable Mat Does not need to fit in backpack	1	<input type="checkbox"/>
Small Inflatable Pillow – (Bunnings or Kmart have cheap ones)	Optional	<input type="checkbox"/>
Torch or Head Torch	1	<input type="checkbox"/>

Clothing

Orewa Activity Shirt. (if you have one – to wear on hike)	1 (to wear)	<input type="checkbox"/>
Long Sleeve Top - (thermal – NOT COTTON)	1	<input type="checkbox"/>
T-Shirts (short sleeve) – ideally quick dry fabric	1	<input type="checkbox"/>
Long Pants - (Thermal or Tracksuit pants) – for night & sleeping in	1	<input type="checkbox"/>
Shorts - NOT COTTON – quick dry or active wear fabric	2 (pack 1 & wear 1)	<input type="checkbox"/>
Socks (better not to be short of dry socks)	2	<input type="checkbox"/>
Underwear	2	<input type="checkbox"/>
Warm Jersey / Fleece Top / Jacket	1	<input type="checkbox"/>
Waterproof Rain Jacket with Hood – (if rain possible)	1	<input type="checkbox"/>
Sun Hat	1	<input type="checkbox"/>
Hiking Boots / or Running Shoes	1 (to wear)	<input type="checkbox"/>

Water Gear

Swimming Togs	1	<input type="checkbox"/>
Small Towel	1	<input type="checkbox"/>
Water/Reef shoes. (essential for water activities)	1	<input type="checkbox"/>
Plastic bag for wet-muddy clothes	1	<input type="checkbox"/>

Eating Gear

Ditty Bag	1 (Plate &/or bowl, Knife, Fork and Spoon)	<input type="checkbox"/>
Drink Bottle (filled with water)	1	<input type="checkbox"/>
Personal snacks – (Afternoon Tea & Morning Tea) – no lollies		<input type="checkbox"/>
Breakfast – to be organised and shared between groups of 2 or 3		<input type="checkbox"/>

Toiletries

Toothbrush & Toothpaste	1	<input type="checkbox"/>
Comb / Hairbrush / Hair Ties	Optional	<input type="checkbox"/>

Additional Notes

- All gear (except sleep mat and sleeping bag) needs to fit inside your backpack.
- Label everything.
- **Medications: Must be in a named plastic zip lock bag with full name and instructions. Hand to a Leader at the beginning of camp (except inhalers which can stay with the child).
- We will provide suncream and insect repellent (if Cubs require a special kind please bring)
- Tents will be provided by Scouts – these are small 3-4 person tents – 2 to 4 Cubs in each tent. **No stretchers, sleeping on foam/ inflatable mats.**
- Meals: **Only Dinner provided** - we will be cooking them sausages and wraps All other food the Cubs must organise and carry themselves – (morning and afternoon tea and breakfast).
- Breakfast - Cubs will be planning their own breakfast in groups of 2 or 3, and can cook/prep together – they must be able to carry this food in their pack.
- Breakfast ideas – Canned tuna, Canned chicken, 2 minute noodles in cup, salami sticks, Eggs (they can cook), Peanut butter or cheese sandwich/roll/wrap, Protein bars etc.. (**must fit in their pack**). – we will help plan this with them the week before during our Cub night.